



# MJHC NEWS



NOVEMBER/DECEMBER 2008

## MJHC Board of Directors

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## Community Service

### National Guard Troop Project MJHC U-14 Girls

In addition to collecting items for troops to give their kids prior to their departure, the U14 Girls are collecting items to send to the troops.

beef jerky, gum, gummie bears, other candy that does not melt, variety of greeting cards, pens, note pads, small hand sanitizer, chapstick, magazines, \$ to help defray shipping costs

Items can be dropped off at Lakeview, MJHA office. Call Barb Salmela, Asst. Coach 249-9355 or 250-1016 to arrange pick-up **DEADLINE: Feb.**

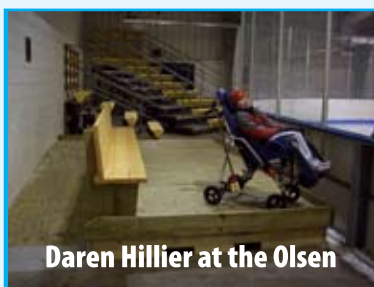
## there's more!

Members of the Girls U14 team will be serving Thanksgiving dinner at St. Marks, and serving a community dinner at Messiah December 3rd.

### Way to give back to the community!

## FLU CLINIC

Open to all Jr. Hockey players & their families.  
\$8 children under 18 w/out vaccination insurance  
\$25 adults w/out vaccination insurance.  
They'll bill Medicare & Medicaid  
**December 6, 2008 - 10am - 12:30 pm**  
**Citizen's Forum @ Lakeview**  
If you have any questions call Jacki at 235-3477



Daren Hillier at the Olsen

Marquette Junior Hockey Association would like to take the time to recognize the people responsible for all the donations and work in order to make this ramp possible for donation to the City of Marquette's Lakeview arena. Thank you for making a difference in so many people's lives that like to watch the games of hockey at the Olsen arena. **Wheelchair ramp was built by Marquette Firefighters Local 643 and Dave St.Onge (St.Onge & Sons). Materials were generously donated by : 41 Lumber- UBC/Pro Build - Pellow Roofing**

## GOT EQUIPMENT?

Marquette Junior Hockey is participating in USA Hockey's One Goal Program. We've purchased 20 sets of equipment for our players to rent for a season. Each set includes a bag, pants, helmet, gloves, knee, elbow and shoulder pads. The rental fee is \$50. When you return the gear at the end of the year your deposit will be refunded. The equipment is sized for initiation and mite aged players and available on a first come first served basis. A form is available online, please fill it out and contact David Wiegand II at 360-0433 to set up a time to get your gear.

**Marquette Junior Hockey, 401 E. Fair Ave. Suite 103, Marquette MI 49855 • 906/228-9193 • www.Mqthockey.org**

*MJHC is a non-profit organization. Our mission is: To provide instruction and recreation through organized team play in the sport of ice hockey, and help all participants grow socially, physically, and emotionally to their utmost potential both as hockey players and as citizens of our community*

## FREE "HAVE FUN, PLAY HOCKEY" CLINIC - THURSDAY, DEC. 11 BERRY EVENTS CENTER

Boys and girls ages 5-11 can experience the fun of organized hockey for the first time at no charge Farmington Hills, MI - The CCHA, FSN, RBK, the Detroit Red Wings, Tim Hortons and Perani's Hockey World are hosting a "Have Fun, Play Hockey" clinic!

- Berry Events Center, home of the Northern Michigan Wildcats hockey team.
- Free clinic, open to boys and girls ages 5-11, *who have not played organized hockey*
- **Thursday, Dec. 11 5:45 p.m. to 6:45 p.m.**
- Pre-registration required

All equipment including skates and a stick will be provided to participants, who must pre-register for the clinic.

Members of the Northern Michigan hockey team will be on hand to mentor players on and off the ice.

*"We are really excited to once again offer the opportunity for boys and girls to experience the fun of hockey for the first time by taking part in a 'Have Fun, Play Hockey' clinics," commented CCHA Commissioner Tom Anastos. "Over the first three years of this program, more than 1,500 kids have had a chance to experience the fun of hockey for the very first time and we take great pride in our role in facilitating that experience for them."*

To enter for a chance to be selected for the clinic, please fill out a registration form online at [www.ccha.com](http://www.ccha.com) by **December 5, 2008.**

After many years of Daren Hillier watching his favorite sport of hockey. He can sit comfortably and safely in the Olsen arena as he does in the Russell rink. He finally has a great ramp that was built not only for him but for the rest of the public in the Olsen arena at Lakeview. He enjoys watching the kids play from the comfort of his ramp. He has always been an extended member of at least one team in all the years and never misses a game! Not only having cousins but friends as players he is by far a number one fan. Mar-

These are businesses that contribute to the success of the Marquette Junior Hockey Program - please support them and thank them for what they do for the youth of the community.

American Legion Post #44	Jilbert Dairy
Ameriprise	Johnsons Sport Shop
Besse Forest Products	Main Street Pizza
Burggrabe Masonry Inc.	McCabe's Flooring
Casa Calabria	McDonalds
Classic Auto	Menze Construction
Consumers Concrete	MGHS Sports Rehab
Country Inn and Suites	OB/GYN Associates
Culvers	O'Boyle & Company
Ear, Nose, Throat, Audiology & Allergy - Dr. Randy Folker	Peninsula Medical & Dental Center
Electricians Local 1070	Lincoln Brick
Elks Lodge #405	Ramada Inn
Exchange Club	Rec Room
Firefighters	Republic Bank
Fox Motors - Marquette	Rotary Club of Marquette
Hardees	Superiorland Kiwanis
Hockey Central	Police Cadets
Holiday Inn	Vangos
	Wells Fargo Bank

## LEAGUE DIVISION DIRECTORS

MITES - Wayne Olivier

SKILLSDEV- Russ Modell  
361-9517

SQUIRTS - Eric Bordson  
361-7078

PEEWEEES - Shane Place

BANTAMS - Kellie Hillier-Genshaw  
w. 225-1990  
h. 225-5009

MIDGETS - Jeff Pieper

GIRLS DIVISION- Daric Christian

## Next Meeting... "Proposed Bylaw Change"

Four meetings will get you voting rights! Complain with confidence knowing your vote counts!

**1st Wednesday of each month (with exceptions)**

**2008**

**December 3**

**2009**

**January 7**

**February 4**

**March 4**

Meetings are held at the Citizens Forum in the Lakeview Arena. This room is on the south side of the building off of one of the main entrances.

# 2008-2009 MAHA State Playoffs

Division	Host District	Dates	Host	Arena	City	Contact	Phone
Squirt B	5	3/20 - 3/22	LAPEER COUNTY HKY. ASSOC.	POLAR PALACE	LAPEER	JANET MANN	810-245-7778
Squirt A	5	3/13 - 3/15	ICE MOUNTAIN HKY. ASSOC.	ICE MOUNTAIN	BURTON	JEFF BRAYAN	810-744-0800
Squirt AA	5	3/6 - 3/8	MIDLAND AMATEUR HOCKEY	MIDLAND CIVIC ARENA	MIDLAND	SHAR De LONG	989-839-6680
Squirt AAA (Minor)	MAHA	3/2 - 3/8	MAHA	TAYLOR SPORTS PLEX	TAYLOR	JOHN KAY	313-655-1010
Squirt AAA (Major)	MAHA	3/2 - 3/8	MAHA	TAYLOR SPORTS PLEX	TAYLOR	JOHN KAY	313-655-1010
Pee Wee B	7	3/6 - 3/8	MACKINAW CITY HKY. ASSOC.	MACKINAW CIVIC CENTER	MACKINAW CITY	SAM CALDWELL	231-537-8912
Pee Wee A	7	3/6 - 3/8	GRAND TRAVERSE HKY. ASSOC.	CENTRE ICE	TRAVERSE CITY	TODD SPAULDING	231-649-1226
Pee Wee Tier 2 (AA)	7	3/13 - 3/15	ALPENA HOCKEY ASSOC.	NORTHERN LIGHTS	ALPENA	PAUL LOZEN	989-464-8338
Pee Wee AAA (Minor)	MAHA	3/2 - 3/8	MAHA	TAYLOR SPORTS PLEX	TAYLOR	JOHN KAY	313-655-1010
Pee Wee Tier 1 (AAA)	MAHA	3/9 - 3/15	MAHA	TAYLOR SPORTS PLEX	TAYLOR	JOHN KAY	313-655-1010
Bantam B	2	3/12 - 3/15	WESTLAND HKY. ASSOC.	WESTLAND - MIKE MODANO	WESTLAND	CHRIS MAREK	734-262-1046
Bantam A	2	3/5 - 3/8	TRENTON HKY. ASSOC.	TRENTON KENNEDY	TRENTON	DEBBIE PAPALIA	734-637-4250
Bantam Tier 2 (AA)	2	2/26 - 3/1	ALLEN PARK HKY. ASSOC.	ALLEN PARK CIVIC	ALLEN PARK	RICK PINKOWSKI	313-381-8263
Bantam AAA (Minor)	MAHA	3/2 - 3/8	MAHA	TAYLOR SPORTS PLEX	TAYLOR	JOHN KAY	313-655-1010
Bantam Tier 1 (AAA)	MAHA	3/9 - 3/15	MAHA	TAYLOR SPORTS PLEX	TAYLOR	JOHN KAY	313-655-1010
Midget B	4	3/12 - 3/15	LIVINGSTON HKY. ASSOC.	GRAND OAKS	HOWELL	MARK BIGGINS	517-548-4355
Midget BB	4	3/5 - 3/8	REDFORD HKY. ASSOC.	REDFORD	REDFORD	MARK SCICLUNA	313-563-3110
Midget A Tier II	4	3/12 - 3/15	ORCHARD LAKE PIRATES H.A.	ORCHARD LAKE ST. MARY'S	ORCHARD LAKE	MIKE EVANS	248-721-1096
Midget A Tier 1 (AAA)	MAHA	3/9 - 3/15	MAHA	TAYLOR SPORTS PLEX	TAYLOR	JOHN KAY	313-655-1010
Midget Tier 2 (AA)	4	3/5 - 3/8	ORCHARD LAKE PIRATES H.A.	ORCHARD LAKE ST. MARY'S	ORCHARD LAKE	MIKE EVANS	248-721-1096
Midget Tier 1 (AAA)	MAHA	3/11 - 3/15	MAHA	TAYLOR SPORTS PLEX	TAYLOR	JOHN KAY	313-655-1010
JV High School (1 & 2)			MAHA				
Girl's Tier 1	MAHA	2/25 - 3/1	MAHA	TAYLOR SPORTS PLEX	TAYLOR	JOHN KAY	313-655-1010
Girl's Tier 2	MAHA	3/6 - 3/8	ROCHESTER HOCKEY CLUB	ONYX - ROCHESTER	ROCHESTER	SEAN HOGAN	248-601-0021
Women's (Sr. B)	MAHA	2/25 - 3/1	MAHA	TAYLOR SPORTS PLEX	TAYLOR	JOHN KAY	313-655-1010
Women's (Sr. C)	MAHA	Playoff Not Required - Only (1) Entry					
Men's Tier 1	MAHA	3/6 - 3/8	MAHA ADULT MEN'S COMMITTEE	SUMMIT ARENA	DIMONDALE	RAY KRAEMER	586-790-0962
Men's Tier 2	MAHA	3/6 - 3/8	MAHA ADULT MEN'S COMMITTEE	SUMMIT ARENA	DIMONDALE	RAY KRAEMER	586-790-0962
Men's Tier 3	MAHA	3/13 - 3/15	MAHA ADULT MEN'S COMMITTEE	GREAT LAKES SPORTS CITY	FRASER	RAY KRAEMER	586-790-0962
Men's Over 30	MAHA	3/13 - 3/15	MAHA ADULT MEN'S COMMITTEE	GREAT LAKES SPORTS CITY	FRASER	RAY KRAEMER	586-790-0962

## Common Problem Areas for Hockey Parents

Parents who create problems for their children in athletics seldom set out to do it intentionally, yet it can happen. Here are five common ways in which parents can hinder a player's enjoyment of any sport:

### Misplaced Enthusiasm

Parents sometimes over emphasize outcomes such as winning or losing, rather than focusing on their child's enjoyment, growth and development. They want to be enthusiastic, but aren't sure how to express their enthusiasm effectively. Astute coaches often channel such parents' energy by giving them important support roles or tasks. In the process, the parents are often educated regarding the complexity of the coach's task.

### Inducing Guilt

Parents can spend thousands of dollars and countless hours on youth hockey participation. It is very easy for children to begin to notice the sacrifice and feel tremendous guilt and pressure to do well. Parents need to regularly remind their children that they enjoy providing the opportunity and there are no strings attached. Children need to appreciate their opportunities, yet should not be made to feel guilty about them.

### Living Vicariously Through Our Kids

Parents sometimes push their children to make up for their own past frustrations and limitations. Too much vicarious involvement by the parent can become a tremendous burden to a young hockey player and could become a cause of embarrassment.

### Glimmer of Gold

For too many parents, gold medals and rich contracts become the main focus. It's fine to be ambitious, but the reality is that less than 1% of children who start hockey will go on to make a living at it. Be supportive but stay rational - there is probably much more upward social mobility in other fields than there is in hockey. If your child happens to excel through the vehicle of hockey, great - but don't let the expectations become a burden or a distraction.

### Losing Perspective

Parents sometimes lose sight of what is important for children and themselves. Growth and development and preparation for life need to be the priority. Parents and children should regularly discuss values associated with sport. Knowing who we are, what is important in life, and how sport fits in, are all part of achieving a balanced perspective. With the bigger picture in place, both parents and children are less prone to forgetting what the real priorities need to be. Any of these five potential problem areas may hurt your child and destroy the potential of hockey programs. Become aware of any specific area that you might fall prey to, and consciously work to avoid these kinds of concerns.

## MJHC Events

MJHC Calendar of coming events for the 2008-2009 season:

- **December 12-14** - Pee Wee "B" /Squirt Holiday Invitational Tournament
- **January 2-11** - House League Mid-Season Playoffs
- **February 6-8** - District 8 Playoffs
- **February 27,28, March 1** - Betty Beckman Invitational Mite Tournament
- **March 2-14** - House League Year End Playoffs
- **March 14** - Program Ends
- **April 20 - 24** - Year End Banquets



**"SAVE" this list!**