



# MJHC NEWS

AUGUST/SEPTEMBER 2008

## MJHC Board of Directors

### Jacki Lykins

*President*  
h. 225-0916  
c. 235-3477  
jlykins@mqctcy.org

### Bruce Olson

*1st Vice-Pres.*  
869-0844  
broolson@nmu.edu  
FAX: 227-2352

### David Wiegand II

*2nd Vice Pres.*  
h. 228-0920  
c. 360-0433  
wiegs6@charter.net

### Cathy Starret

*Secretary*  
h. 475-8000  
c. 362-2849  
cathsta3@aol.com  
FAX: 475-2643

### Linda Winslow

*Treasurer*  
h. 226-8134  
winslow.linda@gmail.com  
FAX: 226-8134

### At Large

### Tracey Nordquist

h. 273-0305  
c. 869-7909  
traceyn@chartermi.net

### Eric Froberg

c. 869-2707  
froby5@hotmail.com  
FAX: 226-2934

### Scott Ely

h. 249-3414  
c. 458-0310  
saely31@charter.net  
FAX: 249-3162

### Larry Carey

h. 225-1879  
c. 362-8942  
lawrence.carey@mi.usda.gov  
FAX: 226-7040

### Tim McIntosh

*Director*  
w. 228-9193  
wcatgoal@mqthockey.org

## It's time to REGISTER!

**\$50 Penalty Fee for late registrations**

All Marquette Junior Hockey participants must register prior to Sept. 1st. go to: [usahockeyregistration.com](http://usahockeyregistration.com)

The USA Hockey season dates are September 1 through August 31. The USA Hockey Registration fee is \$30 per person (exception, birth year 2002 or later)

If a participant plays and coaches he/she pays only one registration fee.

Affiliate fee (if applicable) varies by Affiliate. *MJHC office will be open Friday August 29, from 2 - 5:00 PM to take mail-in registrations prior to the deadline.*

Lakeview will not be open Monday Sept. 1st. *Participants who do not register prior to Sept. 1st will not have insurance coverage and will not be able to play on MJHC ice time starting Sept. 1*



## USA HOCKEY OFFICIATING SEMINAR

Levels 1-2-3-4 **Sun., Sept. 21, 8:15 am** at Lakeview Arena

BRING: **Helmet • Skates • Hockey Referee Whistle**  
A \$10 fee goes to USAHockey when official registers with them. We'll walk you through the registration at the seminar.

Eric Froberg : froby5@hotmail.com or  
Tim Mdntosh : wcatgoal@mqthockey.org



## 18th Annual - Fall Classic/Sept 25-28 in Marquette.

Lakeview Arena & Berry Events Center  
Skills Competition Sept. 25 with finals Sept. 26 during intermission of Tier II Junior Marquette Rangers and the Traverse City North Stars.

**PRE-SALE FALL CLASSIC ADMISSION**  
**\$10 adults & \$5 students**

Available at Lakeview Arena, Hockey Central, Johnson's Sport Shop & through any Electricians board member; player and/or Marquette Junior Hockey Corporation team.

# AAA

**GATE PRICES**  
**\$20 Adults & \$7 Students.**  
**The Fall Classic team lineup:**

Marquette Electricians; Sault Ste. Marie Indians; Ojibwa Eagles of Houghton; the Green Bay Jr. Gamblers; Detroit Honeybaked; Motor City Machine; Cleveland Barons; L.A. Selects; Michigan Elite; Calgary Edge; Indiana Jr. Ice; Sudbury (Ontario) Wolves; Team Ohio; Thunder Bay (Ontario) Kings; Oakland Grizzlies; Pittsburgh Vipers

## 4th Annual Iron Stick Classic Tournament

### October 24-26, 2008

Squirt AA/AAA, Pee Wee AA/AAA,  
Bantam AA/AAA, Midget 16U  
For a link to the application go to [mqthockey.org](http://mqthockey.org)

### MJHC Travel Team Coaches 2008-09 (to date)

Squirt AA - Dirk DenBeste	Midget AAA - Mike Dagenais
Pee Wee AA - Randy Larson	Squirt A - Joe Gaffney
Bantam AA - Jon Nebel	PeeWee A - Pete Hendrickson
Midget 16U Tier II - Mark Nebel	Bantam A - Mike St. Arnauld

Marquette Junior Hockey, 401 E. Fair Ave. Suite 103, Marquette MI 49855 • 906/228-9193 • [www.Mqthockey.org](http://www.Mqthockey.org)

MJHC is a non-profit organization. Our mission is: To provide instruction and recreation through organized team play in the sport of ice hockey, and help all participants grow socially, physically, and emotionally to their utmost potential both as hockey players and as citizens of our community

## Stylin' FUNdraiser

**\$5.00 DONATED**

For every pair of sunglasses purchased through [habervision.com](http://habervision.com) will be given to MJHC Check it out!

**FYI**  
**over \$282,000**  
**went toward Ice Time!**  
**07/08' season**

## FOR SALE

HOCKEY NETS: \$180 with \$5 donated to MJHC for every net sold! Many colors available! Contact: [claho@sbcglobal.net](mailto:claho@sbcglobal.net)

## LEAGUE DIVISION DIRECTORS

MITES - Wayne Oliver

SKILLSDEV- Russ Model  
361-9517

SQUIRTS - Eric Bordson  
361-7078

PEEWEEES - Shane Place

BANTAMS - Kellie Hillier-Genshaw  
w. 225-1990  
h. 225-5009

MIDGETS - To be named

GIRLS DIVISION- To be named

## JOIN US AT OUR NEXT MEETING

Four meetings will get you voting rights! Get involved by attending our meetings!

**1st Wednesday**  
**of each month (with exceptions)**

**2008**

**\*September 10**  
**October 1**  
**November 5**  
**December 3**

**2009**

**January 7**  
**February 4**  
**March 4**

Meetings are held at the Citizens Forum in the Lakeview Arena. This room is on the south side of the building off of one of the main entrances.

\*Exception to format

## Youth Hockey Tips

Reprinted with permission from [youthhockeyforum.com](http://youthhockeyforum.com)

For coaches consider inviting a referee to your next practice. Ask the referee to discuss different rules and checking (if you are in the appropriate age group). This will allow a better understanding of what to expect from referees.

Additionally, provide parents with monthly schedules of all team activities. This should be provided to them at least one month in advance. If you should have the need to change the schedule, provide parents with the changes as soon as possible in attempt to avoid conflict. You should maintain constant contact with parents just as you do with players. Parents are an essential life force for your team and they need to be made aware of this.

For equipment care, here are some tips on caring for your sticks and skates. To tape your blade begin by putting a strip of tape on the bottom of the blade, this will add some protection and strength to the bottom of the blade. Continue to apply the tape begging with the toe on the back of the blade and keep rolling around. Slightly overlap each piece until you have reached your desired length. By overlapping each piece slightly you are sealing the tape, preventing peeling and lifting. It is not advisable to tape from heel to toe; this could cause the puck to catch on the edge of the tape, always tape from toe to heel.

To tape the butt-end of your hockey stick start at the very top, preferably using white cloth tape.

Continue to wrap the tape until you have achieved your desired thickness. Taping your butt-end keeps the stick from sliding out of your hand during play and provides for easier pick up from the ice.

The reasons that you should use cloth tape are because hockey pucks are not smooth on the edges the tape acts as a gripper, and the cold will not affect the tape. After you have taped your blade, rub a thin coating of candle wax all over. This helps in repelling the snow and wetness of the ice and results in better puck control as well as longer tape and blade life.

For game preparation always warm up and stretch, this includes the goaltender as well. Shoot pucks to hit his pads this will allow preparation for the game and reduce injuries. Additionally you should warm up for at least five minutes before you stretch.

Drink plenty of water to prevent dehydration. No matter the activity you are participating in you should always have water.

Players should stay focused at all time during game play. While on the bench, watch the game you can learn different things that can benefit your team. This is especially true when watching the opposing goaltender.

Copyright © 2006, the YouthHockeyForum.com. All rights reserved. Unauthorized copying/use in whole or part prohibited.

## MJHC Events

MJHC Calendar of coming events for the 2008-2009 season:

- **Monday, September 8** - Coupon Book Pick Up 6pm - 8pm & New Player Registration
- **A Team Tryouts** - Will begin following Registration
- **September 25-28** - Marquette Electricians Fall Classic
- **Monday, September 29** - House League Evaluations Begin
- **Wednesday, October 1** - Skill Development Program Begins
- **Saturday, October 4** - House League Drafts
- **October 24-26** - Iron Stick Invitational Tournament
- **December 12-14** - Pee Wee "B" Holiday Invitational Tournament
- **January 2-11** - House League Mid-Season Playoffs
- **February 6-8** - District 8 Playoffs
- **February 27,28, March 1** - Betty Beckman Invitational Mite Tournament
- **March 2-14** - House League Year End Playoffs
- **March 4-8** - State Tournament (tentative)
- **March 14** - Program Ends
- **April 20 - 24** - Year End Banquets



**"SAVE" this list!**